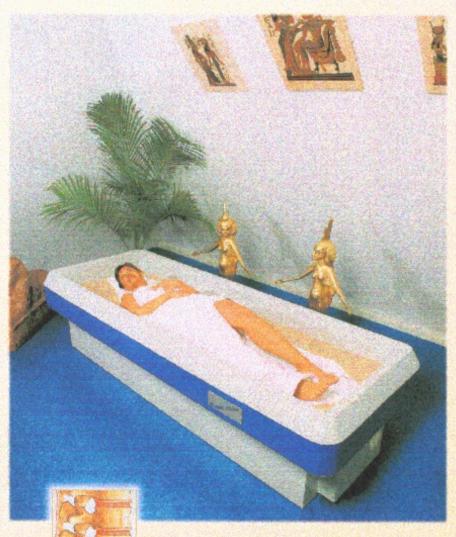
## Psammotherapy

Ancient Arabic-Egyptian Medicine with temperate sand



PSAMMO THERM medical sand bath





IMHOTARIUM therapy pyramid

### **Psammotherapy**

# Ancient Arabic-Egyptian Medicine with temperate sand

When we hear so much today about Traditional Chinese Medicine and about the Indian herbal remedy of Ayurveda, we forget to mention the highly effective Ancient Arabic-Egyptian Medicine. This is all-too often only due to the uncertainty and lack of knowledge about this topic. The injustice of this is intolerable and must therefore be stopped immediately due to the actual truth of the situation.

It is our declared desire and intent to bring the tried and tested remedies of Egypt and its large Arabic sister nations into the public focus again and to give them the significance they deserve.

Here it must be stated outright that the origins of our western academic medicine lie in the Arabspeaking world and that scientific progress would not have been possible without the huge specialist knowledge in this area. While we still believed that it was Odin's desire to let patients die, doctors in Egypt had already carried out complicated operations successfully. Our doctors should always be reminded of this and bow down before these great achievements.

Inspired by this knowledge, a few years ago we therefore applied modern measuring and control technology to an old Arabic remedy - the medical sand bath which has been used for many centuries there - and thus made it applicable worldwide. Clinical trials have been carried out by MD Horst Hoffmann at the Helenenheim Clinic in Bad Wildungen with phenomenally good results. This clinic is part of the Asklepios Group, the largest group of clinics in Germany.

When this therapy was still largely unknown in our country many years ago, MD Hoffmann declared he would carry out the necessary studies immediately and without any "ifs and buts". He made psammotherapy successful despite objections from his colleagues. He must be given much credit for this since his stout-hearted method led to this Arabic cure winning great esteem.

Together with the Dresden Neurological University Hospital and other well-known research facilities, MD Michael Süß created the measuring point SUEmpathy 100 for detecting the effects of psammotherapy. This trend-setting technology enables treatment results to be documented during treatment in the form of a quantitative therapy success control.

This is an important basis for insurance companies and service providers, but also for the self-pay area, in a healthcare sector which is becoming increasingly economic-orientated. This meant that it could thus be created as a joint effort between a highly effective historical medicine which is thousands of years old and state-of-the-art high technology.

With over 2 million applications, a saving of 71%, when considering full costs, could be achieved compared with other types of treatment, as well as a larger range of therapies, and the protection of natural resources. Higher savings are expected from the subsequent introduction of this type of therapy, which has been named Ancient Arabic-Egyptian Medicine (AAM).

These facts mean that our Psammo Therm therapy device is of interest across the world. To our current level of knowledge we can assume that it could be marketed internationally under Arabic direction.

With psammotherapy, the origin of which can be traced back to the Middle Empire of Ancient Egypt, a worldwide applicable, efficient Arabic form of therapy is provided which culminates in the Imhota-



measuring point SUEmpathy 100

#### Indications for the PSAMMO THERM therapy device

- Lower back pain
- Myogelosis of shoulder and pelvic area
- Generalised tendomyopathy, soft tissue rheumatism
- Degenerative skeletal diseases of large joints, vertebral joints and iliosacral joints
- Bekhterev's disease
- Status of endoprothetics of large joints
- Osteoporosis pain in spinal column
- Postoperative muscular tension
- Relaxation of contracted muscle groups during active and passive movement exercises in rehabilitation
- Myalgia due to overstraining,
  e.g. through tennis, golf, horse riding
- Chronic prostatitis
- Chronic adnexitis
- Pelvipathia
- Can also be used for patients with wounds which are still healing or with drainage systems under the skin, provided there is no infection

This list does not claim to be complete.

rium therapy pyramid in the medical wellness area. Through its unique academic science features and the therapy experience which is scarcely surpassed elsewhere, it is an excellent ambassador of the Arabic way of life.

A pyramid has been created out of natural materials in which several PSAMMO THERM therapy devices can be found. At the apex we have reproduced the starry sky over Gizeh using several hundred optic fibres. The building houses

#### References

With the devices marketed up until now, over two million applications with generally good treatment outcomes have been carried out with a high patient acceptance.

Nationally, known users are the Asklepios Clinics, the Damp Clinic, Schüchtermannschen Clinics, Michels Clinics, Bremen-West Clinic, the Mediclin Clinic Group, and the Federal Insurance Institution for Employees (BfA) and LVA Clinics, as well as church and communal bodies and ambulant rehabilitation centres, such as Medicos Osnabrück and Bad Iburg.

Administration of the spa town of Bad Oeynhausen, Ore Mountain thermal town of Schlema. Vitalis health centre at Rothenburg ob der Tauber. Posh hotels, such as the Brenners Parkhotel in Baden-Baden and the Maritim Hotel Kaiserhof Heringsdorf in the seaside resort Heringsdorf, which have their own medical bath departments, also use this device with success.

Doctors, physiotherapists and alternative practitioners use the devices across Germany. various high quality museum replicas which can often only be distinguished from the originals in museums all over the world by specialists. Different papyri, e.g. with themes based on the teachings of wisdom and their translations into the relevant national language also form part of the interior decoration.

Another 1,000 optic fibres are used to create computer-controlled light scenes which create specific moods but which also enable a form of colour therapy if desired. Pyramid-shaped loudspeakers, scaled-down versions of the originals at Gizeh, are suitable for music therapy. The sound quality achieved here is similar to that in a concert hall.

#### The market

The target groups of users are:

- Doctors of general medicine, orthopaedics, naturopathy
- Rehabilitation clinics, rheumatology clinics, university hospitals, pain centres
- Special hospitals
- Health spa facilities
- Health centres
- Sports physicians, sports medicine centres
- Plant medical service in large companies
- Ambulant rehabilitation centres
- Physiotherapists
- Ergotherapists
- Physical therapists
- Alternative practitioners
- Hotels with medical bath departments
- Thermal spas
- Medical wellness facilities
- Private baths

## Contraindications for the PSAMMO THERM therapy device

- Acute and chronic thrombophlebitis
- All acute inflammation processes
- Varicosis from stage II
- Ulcerated skin diseases
- Skin wounds
- Cardiovascular diseases in the decompensation stage
- Urinary and anal incontinence where there is inadequate supply

Aromatherapies (incense, etc.) can, of course, also be sued in the therapy pyramid.

The corresponding features create an atmosphere in the IMHOTARIUM therapy pyramid which, in addition to the medical effects, also creates a lasting sense of wellbeing and has a relaxation effect. This means that it also offers the opportunity for effective therapies in the psychosomatic area.